

GET RID OF STRESS AND HAVE A BETTER LIFE!

Real Change, Real Easy, Right Now!

TAT[®]

TAPAS ACUPRESSURE TECHNIQUE[®]

Presented by Mr. Joey Raines
Certified TAT[®] Professional Practitioner/Trainer



**TWO FREE
PRESENTATIONS**
January 22, 2011



January 22, 2011
10:00am - 11:00am

This presentation
introduces an
easy technique
that helps to
improve positive
feelings and
behaviors.

Qigong

• Energy Movement/Meditation Class

Reduce Stress, Improve
Your Health in a Fun and
Relaxing Atmosphere.

Qigong can help you to:
Maintain better health
Increase longevity
Create balance and focus

Instructed by Master Healer, Joey Raines
For more information www.masteraines.com

**Both
presentations
are free to the public.**
*Compliments of
Masters & Raines
Advanced Healing Therapy Center.*



January 20, 2011
11:30am - 12:30pm

**New Jersey
Center for
Healthy Living
292 Bloomfield Ave.
Montclair, NJ 07042**

To register call
973-744-7774