

Save the date! Join us for our 2nd Edition

InSight Live Magazine

Friday, January 21st, 7:00—9:00 PM

At the NJ Center for Healthy Living
292 Bloomfield Avenue in Montclair,
Second Floor

for parents, educators, healthcare
practitioners

Guiding 'Tweens and Teens In the Pop-Tech Culture

FRONT LINE PARENTING / TEACHING / CARING FOR 2011

Have great fun and meet great people while updating your
parenting, teaching, and practice repertoire with the latest info on pertinent
'tween-teen topics!

Dr. Amanda Birnbaum, Ph.D. and Associate Professor of Behavior & Social Science
in Health, MSU

Physical Activity: Current Perceptions and Behaviors — and HOW TO get kids
moving!

Dr. Mark Kaelin, Ph.D. and Professor of Epidemiology, MSU

Critical Thinking, Decision Making, & Epidemiology — the new SAFETY NET!

Evelyn Shalom, M.A., AASECT*, Parenting Consultant

Using THOSE AWKWARD SEXUALITY QUESTIONS as Teaching Moments!

PRESENTATIONS BEGIN PROMPTLY AT 7:00 pm with ample time for your
questions.

DOORS OPEN AT 6:30 PM AND REMAIN OPEN UNTIL 9:30 PM FOR:

ORGANIC WINE AND FOOD SAMPLING

JEWELRY EXHIBITS

RAFFLE OF HEALTH & WELLNESS BASKETS

FABULOUS GIFT BAGS WORTH \$500 + IN DISCOUNTS AND SAMPLES

\$20 advanced registration by January 15th; \$25 after January 15th and at the door.

Call 973-746-6191 or email insightlivemag@gmail.com for registration and questions.

* American Association of Sexuality Educators, Counselors, Therapists